

# August 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Fruited Muffin, Grape Juice, Peaches</p> <p>7th grade only HES Start</p> <p>Cheese Bites, Marinara Sauce, Veggie Stix, Slushie, Fresh Fruit *9-A*</p>	<p>2</p> <p>Plain Bagel w/ Cream Cheese, Fresh Fruit, Pears</p> <p>Creole Mac w/ Cheese, Green Salad, Edamame, Applesauce, *Peaches, French Bread *9-A*</p>	<p>3</p> <p>Country Gravy Pizza, Pineapple, Craisins</p> <p>3.00</p> <p>Teriburger, Wedge Fries, Lettuce, Tomato, Fresh Fruit, * Mixed Fruit *9-A*</p>	<p>4</p> <p>Pork Sausage Patty, Rice, Mixed Fruit, Fruit Punch</p> <p>Chicken Tenders, Rice, Corn, Edamame, Peaches, *Pineapple, WG Roll *9-A*</p>	<p>5</p> <p>Cereal w/ Toast, Applesauce, Fresh Fruit</p> <p>Turkey w/ Gravy, Mashed Potato, Zucchini Stix, Carrots, Pears, * Mixed Fruit, WG Roll *9-A*</p>
<p>8</p> <p>Cheese Stick, Marinara Sauce, Peaches</p> <p>Cheese Pizza, Green Salad, Baby Carrots, Fresh Fruit, *Pineapple*9-A*</p>	<p>9</p> <p>Belgian Waffle w/ Syrup, Fresh Fruit, Mixed Fruit</p> <p>Fish Sandwich, Wedge Fries, Veg. Stix, Baked Beans, Slushie, *Pears*9-A*</p>	<p>10</p> <p>Yogurt w/ Granola, Pears, Fresh Fruit</p> <p>4.00</p> <p>Spaghetti w/ Meat Sauce, Green Salad,Cucumber, Edamame, Fresh Fruit, *Mixed Fruit,WG Roll *</p>	<p>11</p> <p>Portugese Sausage, Rice, Applesauce, Craisins</p> <p>Roast Pork w/ Gravy, Rice, Broccoli, Baby Carrots, Juice, * Fresh Fruit, WG Roll *9-A*</p>	<p>12</p> <p>SM Cinnamon Roll, Apple Chips, Fresh Fruit</p> <p>Hot Dog in WG Bun, Tater Tots, Coleslaw, Apple Chips, * Pineapple *9-A*</p>
<p>15</p> <p>French Toast Sticks, Apple Chips, Pineapple</p> <p>Tasty Tenders, Rice, Veggie Stix, Edamame, Baby Carrots Applesauce,*Pineapple,WG Roll *9-A</p>	<p>16</p> <p>Bkfst Chicken Patty, Rice, Fresh Fruit, Peaches</p> <p>Chicken Sandwich, Emoticons, Tomato, Lettice, Edamame, Fresh Fruit, *Pears 9-A</p>	<p>17</p> <p>Cereal w/ Toast, Pears, Fresh Fruit</p> <p>1.00</p> <p>Beef Chili Nachos, Green Salad, Salsa, Straw/Kiwi Juice,*MixedFruit 9-A</p>	<p>18</p> <p>Pizza Bagel, Mixed Fruit, Grape Juice</p> <p>Beef Patty w/ Gravy, Rice, Broccoli, Corn, Fresh Fruit, * Pineapple, WG Roll 9-A*</p>	<p>19</p> <p style="text-align: center;"><b>Statehood Day</b></p>
<p>22</p> <p>SM Cinnamon Roll, Fresh Fruit, Pears</p> <p>Mac &amp; Cheese, Baby Carrots, Edamame, Fresh Fruit * Peaches, WG Roll *9-A</p>	<p>23</p> <p>Portugese Sausage, Rice, Fresh Fruit, Pineapple</p> <p>Pepperoni Pizza, Veggie Stix, Corn, Fresh Fruit, * Fruit Punch *9-A</p>	<p>24</p> <p>Breakfast Kit, Craisins, Fresh Fruit</p> <p>2.00</p> <p>Hamburger Curry, Rice, Corn, Broccoli, Slushie, *Fresh Fruit, WG Roll 9-A*</p>	<p>25</p> <p>Country Bkfst Scramble, Rice, Applesauce, Paradise Punch</p> <p>Baked Chicken w/ Gravy, Rice, Broccoli, Baked Beans, Apple Chips, * Mixed Fruit 9-A*</p>	<p>26</p> <p>Breakfast Pizza, Fresh Fruit, Apple Chips</p> <p style="text-align: center;"><b>WHIS PD DAY</b></p> <p>Tune Sand w/Noodle Soup, Cherry Tomatoes, Veg, Stix, Fresh Fruit, *Mixed Fruit 9-A*</p>
<p>29</p> <p>Fruited Muffin, Grape Juice, Peaches</p> <p>Cheese Bites, Marinara Sauce, Veggie Stix, Slushie, Fresh Fruit *9-A*</p>	<p>30</p> <p>Plain Bagel w/ Cream Cheese, Fresh Fruit, Pears</p> <p>Creole Mac w/ Cheese, Green Salad, Edamame, Applesauce, *Peaches, French Bread *9-A*</p>	<p>31</p> <p>Country Gravy Pizza, Pineapple, Craisins</p> <p>3.00</p> <p>Teriburger, Wedge Fries, Lettuce, Tomato, Fresh Fruit, * Mixed Fruit *9-A*</p>		

Choice of 1/2 pt. 1% OR Skim Milk with each meal.

Menu Subject to change without notice.

**This Institution is an Equal Opportunity Provider**