

November 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1</p> <p>Belgian Waffle w/ Syrup, Orange, Mixed Fruit</p> <p>Fish Sandwich, Wedge Fries, Veg. Stix, Baked Beans, Slushie, *Pears*9-A*</p>	<p>2</p> <p>Yogurt w/ Granola, Pears, Apple</p> <p>4.00</p> <p>Spaghetti w/ Meat Sauce, Salad, Cucumber, Edamame, Apple</p> <p>*Mixed Fruit & WG Roll 9-A*</p>	<p>3</p> <p>Portugese Sausage, Rice, Applesauce, Craisins</p> <p>Roast Pork w/ Gravy, Rice, Broccoli, Baby Carrots, Juice,</p> <p>*Apple & WG Roll 9-A*</p>	<p>4</p> <p>SM Cinnamon Roll, Apple Chips, Orange</p> <p>Hot Dog in WG Bun, Tater Tots, Coleslaw, Apple Chips, * Pineapple *9-A*</p>
<p>7</p> <p>French Toast Sticks, Apple Chips, Pineapple</p> <p>Tasty Tenders, Rice, Veggie Stix, Edamame, Baby Carrots Applesauce,*Pineapple,WG Roll *9-A</p>	<p>8</p> <p>Election Day</p>	<p>9</p> <p>Cereal w/ Toast, Pears, Orange</p> <p>1.00</p> <p>Chkn Sandwich w/Emoticon Potato Tomato, Lettuce, Edamame,Apple</p> <p>*Pears 9-A*</p>	<p>10</p> <p>Pizza Bagel, Mixed Fruit, Grape Juice</p> <p>Beef Patty w?Gravy , Rice Broccoli, Baked Beans, Apple Chips</p> <p>*Pineapple & WG Roll 9-A*</p>	<p>11</p> <p>Veteran's Day</p>
<p>14</p> <p>SM Cinnamon Roll, Orange, Pears</p> <p>Mac & Cheese, Carrots, Edamame, Apple</p> <p>* Peaches, WG Roll *9-A</p>	<p>15</p> <p>Portugese Sausage, Rice, Apple, Pineapple</p> <p>Pepperoni Pizza, Veggie Sticks, Corn, Apple</p> <p>* Fruit Punch *9-A</p>	<p>16</p> <p>Breakfast Kit, Apple</p> <p>2.00</p> <p>Hamburger Curry, Rice, Corn, Broccoli, Slushie, *Apple & WG Roll 9-A*</p>	<p>17</p> <p>Country Bkfst Scramble, Rice, Applesauce, Paradise Punch</p> <p>Baked Chicken w/ Gravy, Rice, Broccoli, Baked Beans, Apple Chips, * Mixed Fruit 9-A*</p>	<p>18</p> <p>Breakfast Pizza, Orange, Apple Chips</p> <p>Tuna Sandwich w/Chkn Noodle Soup Tomato, Veggie Sticks, Apple</p> <p>*Mixed Fruit 9-A*</p>
<p>21</p> <p>Plain Bagel w/Cream Cheese, Orange, Pears</p> <p>Cheese Bites, Marinara Sauce, Veggie Stix, Slushie, *Orange 9-A*</p>	<p>22</p> <p>Country Gravy Pizza, Pineapple, Craisins</p> <p>Turkey w/Gravy, Mashed Potato Zucchini Stick, Carrots, Pears</p> <p>*Peaches, French Bread *9-A*</p>	<p>23</p> <p>Cereal w/Toast, Applesauce, Apple</p> <p>3.00</p> <p>Teriburger, Wedge Fries, Lettuce, Tomato, Apple</p> <p>* Mixed Fruit *9-A*</p>	<p>24</p> <p>Thanksgiving</p>	<p>25</p> <p>Holiday</p>
<p>28</p> <p>Cheese Stick, Marinara Sauce, Peaches</p> <p>Cheese Pizza, Salad w/Carrots, Orange</p> <p>*Pineapple 9-A*</p>	<p>29</p> <p>Belgian Waffle w/ Syrup, Orange, Mixed Fruit</p> <p>Fish Sandwich, Wedge Fries, Veg. Stix, Baked Beans, Slushie, *Pears*9-A*</p>	<p>30</p> <p>Yogurt w/ Granola, Pears, Apple</p> <p>4.00</p> <p>Spaghetti w/ Meat Sauce, Salad, Cucumber, Edamame, Apple</p> <p>*Mixed Fruit & French Bread 9-A*</p>		

Choice of 1/2 pt. 1% OR Skim Milk with each meal.

Menu Subject to change without notice.

This Institution is an Equal Opportunity Provider