

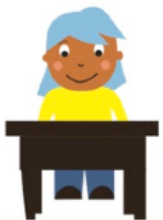
# Attend Today, Achieve Tomorrow!

September 2024

September is Attendance Awareness Month. Research shows that students perform better and are more likely to succeed when they show up to school regularly and on-time!

## ATTEND TODAY, ACHIEVE TOMORROW

### GOOD SCHOOL ATTENDANCE MEANS...



#### ELEMENTARY STUDENTS

read well by the end of third grade



#### MIDDLE SCHOOLERS

pass important courses



#### HIGH SCHOOLERS

stay on track for graduation



#### COLLEGE STUDENTS


earn their degrees



#### WORKERS

succeed in their jobs

Too many absences—excused or unexcused—can keep students from succeeding in school and in life. How many are too many? 10% of the school year—that's 18 missed days or 2 days a month—can knock students off track.

 **Attendance Works**  
Advancing Student Success By Reducing Chronic Absence  
[www.attendanceworks.org](http://www.attendanceworks.org)



## Hawai'i DOE Well-Being and Mental Health Support

[ParentGuidance.org](https://parentguidance.org) works with schools and their communities nationwide, empowering families to help children thrive through its mental health resources. Hawai'i parents and school staff will have free access to resources including:

- Regular one-on-one parent coaching for parents, families and school staff
- Access to over 30 mental health series virtual seminars
- Online lessons led by licensed therapists
- "Ask a Therapist," a frequently updated question and answer forum

## Community Resources - One Oahu

<https://www.oneoahu.org/resources>

If you or someone you know needs help, there are many groups who are pulling together to provide services to our community. Resources include food, healthcare, keiki and kupuna, financial and housing assistance, etc.

### General Referral Services and Information:

[State of Hawai'i Department of Human Services Public Assistance Information System](#)

[Aloha United Way 2-1-1 \(statewide helpline\)](#)

[Hawai'i CARES \(free mental health/crisis counseling\)](#)

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This newsletter is a joint collaboration of the DOE Central District's School Social Workers and Human Services Professionals. The purpose is to highlight information that you may find useful, and does not serve as a comprehensive list. We do not endorse any specific organization. Mahalo!



**Jennifer Nakamura**

Jennifer is using Smore to create beautiful newsletters