

# Kākou Connection

Happy New Year! January 2022

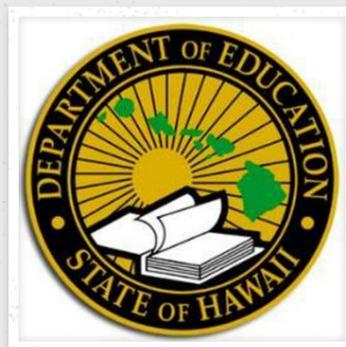
Kākou in Hawaiian means "we are all in this together." As we continue to overcome challenges, it is our hope that this newsletter will provide you with valuable resources and information to guide you along the way. This is a joint collaboration of the DOE Central District's School Social Workers and Human Services Professionals. Let's remain connected and support one another!



## Achieve Zero

<https://achievezero.org/>

Founded in January 2016 Achieve Zero, formerly known as ALEA Bridge, champions to provide outreach and afterhours outreach homeless services and referrals to various communities on 'Oahu. They presently serve more than 1,000 homeless and at-risk homeless, individuals, families, veterans, and youth. They provide rent and utility assistance, foodbank resources, and healthcare assistance through community partnerships.



## Department of Education - COVID-19 Updates

<https://www.hawaiipublicschools.org/Pages/Home.aspx>

For the latest information on COVID-19 health and safety guidance in the schools, please visit the DOE website.

<https://www.hawaiipublicschools.org/ParentsAndStudents/Pages/Home.aspx>

You'll also find everything you need to know about Hawaii's public schools, resources for students and parents, and resources for military and families new to Hawaii'i.



## Hawai'i Career Expo 2022

<https://hawaiicareerexpo.com/>

Visit with Hawaii's best employers and find hundreds of jobs all in one place! Job seekers will be able to connect directly with employers, submit resumes and get hired on the spot.

Upcoming virtual expos will be held on January 26, 2022 from 9:00 am-1:00 pm and January 27, 2022 from 10:00 am-2:00 pm. Please refer to their website for additional information or the link below: <https://hawaiicareerexpo.com/contact/>

## Steven A. Cohen Military Family Clinic at Child & Family Service

<https://www.childandfamilyservice.org/cohenclinic/>

Located in Mililani Mauka, the Steven A. Cohen Military Family Clinic at Child & Family Service provides confidential, high-quality behavioral healthcare services and case management resources at low to no-cost and without long wait times to veterans, their families, and the families of Active Duty, National Guard, and Reserves, including spouse or partner, children, parents, siblings, caregivers, and others.

For more information, please refer to the link below:

<https://www.childandfamilyservice.org/cohenclinic/contact/>



## Salsa Soup (HMSA Island Scene Recipe)

<https://islandscene.com/>

Hawai'i Medical Service Association's (HMSA) Island Scene is published quarterly and provides well-being, family, and fun activities. This issue focuses on self-care for beginners, adventures in mindfulness, and healthy recipes. To make your life a little easier in the new year, here's a "quick and simple" recipe to try!

### Ingredients:

- 1 pint fresh salsa
- 1 can black beans, drained and rinsed
- 1 can corn, drained
- 2 cans chicken broth
- Refrigerated fully cooked chicken breast strips, diced (optional)
- Tortilla chips
- Chopped cilantro
- Shredded cheese

### Directions:

Place first four ingredients in a medium saucepan over medium-high heat. Remove from heat just before it comes to a boil. Add diced chicken breast strips, if using. Coarsely crush a few tortilla chips into soup bowls. Ladle soup over chips and sprinkle with cilantro and cheese.

Enjoy!

**Forge your own path this new year!**

Don't be scared if you don't do things in the right order. I didn't think I'd have dessert before breakfast today, but hey, it turned out that way and I wouldn't change a thing.

—MINDY KALING,  
COMEDIAN

